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# Treatment Planner Jongsma

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*Treatment Planner  
Jongsma*

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## VALERIE MACIAS

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*The Psychopharmacology Treatment Planner* John Wiley & Sons  
The Special Education Treatment Planner provides all the elements necessary to quickly and easily develop formal education treatment plans that take the educational professional a step further past the writing of goals for Individualized Education Plans (IEPs). The educational treatment plan process assists the professional in identifying interventions and communicating to others the specific method, means, format, and/or creative experience by which the student will be assisted in attaining IEP goals. \* Offers the freedom to develop customized educational treatment plans for children and adolescents who have special learning needs \* Organized around 29 main educational disabilities, from learning disabilities and emotional/mental impairment to ADHD, chronic health issues, autism, and others \* Over 1,000 well-crafted, clear statements describe the behavioral

manifestations of each educational disability, long-term goals, short-term objectives, and educational interventions \* Easy-to-use reference format helps locate educational treatment plan components by disability

*The Adolescent Psychotherapy Treatment Planner* John Wiley & Sons  
The Adult Psychotherapy PROGRESS NOTES PLANNER Practice Planners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS Fully revised and updated throughout, The Adult Psychotherapy Progress Notes Planner, Sixth Edition enables practitioners to quickly and easily create progress notes that completely integrate with a client's treatment plan. Each of the more than 1,000 prewritten session and patient presentation descriptions directly link to the corresponding behavioral problem contained in The Complete Adult Psychotherapy Treatment Planner, Sixth Edition. Organized around 44 behaviorally-based problems aligned with DSM-V diagnostic categories, the Progress Notes Planner covers an extensive range of treatment approaches for anxiety, bipolar

disorders, attention-deficit/hyperactivity disorder (ADHD), dependency, trauma, cognitive deficiency, and more. Part of the market-leading Wiley PracticePlanners® series, The Adult Psychotherapy Progress Notes Planner will save you hours of time by allowing you to rapidly adapt your notes to each individual patient's behavioral definitions, symptom presentations, or therapeutic interventions. An essential resource for psychologists, therapists, counselors, social workers, psychiatrists, and other mental health professionals working with adult clients, The Adult Psychotherapy Progress Notes Planner: Provides more than 8,000 prewritten, easy-to-modify progress notes summarizing patient presentation and the interventions implemented within the session Features sample progress notes conforming to the requirements of most third-party health care payors and accrediting agencies, including CARF, The Joint Commission (TJC), COA, and the NCQA Include a brand-new chapter that coordinates with the Treatment Planner's chapter on Loneliness Additional resources in the PracticePlanners® series: Treatment Planners cover all the necessary elements for developing formal treatment plans, including detailed problem definitions, long-term goals, short-term objectives, therapeutic interventions, and DSM-5 diagnoses. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)  
*The Adult Psychotherapy Progress Notes Planner* John Wiley & Sons

As with the previous edition, The Adolescent Psychotherapy Progress Notes Planner, Third Edition helps mental health practitioners reduce the amount of time spent on paperwork by providing a full menu of pre-written progress notes that can be easily and quickly adapted to fit a particular patient need or treatment situation.

*The Adult Psychotherapy Progress Notes Planner* John Wiley & Sons Incorporated New and updated assignments and exercises to meet the changing needs of mental health professionals The Adolescent Psychotherapy Homework Planner, Fifth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 146 ready-to-copy exercises covering the most common issues encountered by adolescent clients including such problems as blended families, substance use, and eating disorders A quick-reference format—the interactive assignments are grouped by behavioral problems including academic underachievement, anger control problems, depression, social anxiety, and sexual abuse Expert guidance on how and when to make the most efficient use of the exercises Assignments cross-referenced to The Adolescent Psychotherapy Treatment Planner, Fifth Edition—so you can quickly identify the right exercises for a given situation or problem A download code contains all the exercises in a word-processing format—allowing you to customize them to suit your and your clients' unique styles and needs  
*The Complete Anxiety Treatment and Homework Planner* John Wiley & Sons Incorporated

This timesaving resource features:

Treatment plan components for 44 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions-plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that conform to the latest ASAM requirements and meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers The Addiction Treatment Planner, Fourth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions New treatment planning language based on the mandates of the American Society of Addiction Medicine (ASAM) Organized around 44 main presenting problems, including Adhd, borderline traits, eating disorders, gambling, impulsivity, psychosis, social anxiety, and substance abuse Over 1,000 prewritten treatment goals, objectives, and interventions-plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Addiction Progress Notes Planner, Third Edition and Addiction Treatment Homework Planner, Fourth Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including CARF, The Joint Commission (TJC), COA, and the NCQA) Additional resources in the PracticePlanners series: Progress

Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions.

### **The Family Therapy Treatment Planner** John Wiley & Sons

The Adolescent Psychotherapy Treatment Planner, Fourth Edition provides treatment planning guidelines and an array of pre-written treatment plan components for behavioral and psychological problems, including anger management, blended family conflicts, low self-esteem, chemical dependence, eating disorders, and sexual acting out. Clinicians with adolescent clients will find this up-to-date revision an invaluable resource.

### The Employee Assistance Treatment Planner PESI Publishing & Media

Save hours of time-consuming paperwork with the bestselling treatment planning system The Adult Psychotherapy Progress Notes Planner, Fifth Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Complete Adult Psychotherapy Treatment Planner, Fifth Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes Organized around 43 behaviorally based presenting problems, including depression, intimate relationship conflicts, chronic pain, anxiety, substance abuse, borderline personality, and more Features over 1,000 prewritten progress notes (summarizing patient presentation,

themes of session, and treatment delivered) Provides an array of treatment approaches that correspond with the behavioral problems and DSM-5™ diagnostic categories in *The Complete Adult Psychotherapy Treatment Planner, Fifth Edition* Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including CARF, The Joint Commission (TJC), COA, and the NCQA Identifies the latest evidence-based care treatments with treatment language following specific guidelines set by managed care and accrediting agencies

### **The Complete Psychotherapy**

**Treatment Planner** John Wiley & Sons From the authors of the bestseller *The Complete Psychotherapy Treatment Planner* comes this exciting new resource focusing specifically on the problems encountered in treating younger patients. *The Child and Adolescent Psychotherapy Treatment Planner* enables mental health professionals to write polished, effective treatment plans that satisfy the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. Specifically designed to save clinicians hours of valuable time, provide optimum latitude in developing individualized treatment plans, and increase the measurability of objectives, this unique guidebook features: Complete coverage of 29 DSM-IV™ and behaviorally based child and adolescent presenting problems A step-by-step guide to treatment planning 1,000s of prewritten treatment goals and objectives Up to 45 specific therapeutic interventions for each disorder. 1,000s of well-crafted statements describing behavioral manifestations, long-term treatment goals, short-term objectives,

and therapeutic interventions An extensive list of suggested interventions from a broad range of therapeutic approaches—including cognitive, behavioral, family-oriented, dynamic, pharmacological, educational, didactic, and bibliotherapeutic A simple but comprehensive treatment plan format that can be copied and emulated This popular treatment planning system will enhance the quality of clinical documentation, bring heightened focus to the treatment process, and help eliminate the rejection of treatment plans by insurers and health management organizations.

### **The Chemical Dependence**

**Treatment Planner** John Wiley & Sons *The Child Psychotherapy Treatment Planner, Fourth Edition* provides treatment planning guidelines and an array of pre-written treatment plan components for behavioral and psychological problems, including blended family problems, children of divorce, ADHD, attachment disorder, academic problems, and speech and language disorders. Clinicians with adult clients will find this up-to-date revision an invaluable resource.

### **The Social Work and Human Services Treatment Planner, with DSM 5 Updates** Wiley

A time-saving resource, fully revised to meet the changing needs of mental health professionals *The Child Psychotherapy Treatment Planner, Fifth Edition* provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including anxiety, attachment disorder,

gender identity disorder, and more Organized around 35 behaviorally based presenting problems including academic problems, blended family problems, children of divorce, ADHD, and more Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

101 Trauma-Informed Interventions John Wiley & Sons

The revised edition of the clinicians' time-saving Psychotherapy Treatment Planner Revised and updated, the sixth edition of *The Complete Adult Psychotherapy Treatment Planner* offers clinicians a timesaving, evidence-based guide that helps to clarify, simplify and accelerate the treatment planning process so they can spend less time on paperwork and more time with clients. The authors provide all the elements necessary to quickly and easily develop formal, customizable treatment plans that satisfy the demands of HMOs, managed-care companies, third-party payers and state and federal agencies. This revised edition includes new client Short-Term Objectives and clinician Therapeutic Interventions that are grounded in evidence-based treatment wherever research data provides support to an intervention approach. If no research support is available a best practice standard is provided. This new edition also offers two new presenting problem chapters (Loneliness and Opioid Use Disorder) and the authors have updated the content throughout the

book to improve clarity, conciseness and accuracy. This important book: Offers a completely updated resource that helps clinicians quickly develop effective, evidence-based treatment plans Includes an easy-to-use format locating treatment plan components by Presenting Problem or DSM-5 diagnosis Contains over 3,000 prewritten treatment Symptoms, Goals, Objectives and Interventions to select from Presents evidence-based treatment plan components for 45 behaviorally defined Presenting Problems Suggests homework exercises specifically created for each Presenting Problem Written for psychologists, therapists, counselors, social workers, addiction counselors, psychiatrists, and other mental health professionals, *The Complete Adult Psychotherapy Treatment Planner*, Sixth Edition has been updated to contain the most recent interventions that are evidence-based.

*The Child Psychotherapy Treatment Planner* Wiley-Interscience

This timesaving resource features: Treatment plan components for 32 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most insurance companies and third-party payors *The Social Work and Human Services Treatment Planner* provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans to address clients' psychological and environmental

problems and issues Organized around 32 main presenting problems, from family violence and juvenile delinquency to homelessness, chemical dependence, physical/cognitive disability, sexual abuse, and more Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-5™ diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payers and accrediting agencies (including TJC and NCQA)

*The Co-Occurring Disorders Treatment Planner, with DSM-5 Updates* John Wiley & Sons

Treatment planner includes: a step-by-step introduction and guide to treatment planning; over 1,000 crafted prewritten treatment plan components, a comprehensive DSM-IV and behaviorally based presenting problem list; and a workbook format for recording custom treatment planning options.

The Complete Adult Psychotherapy Treatment Planner John Wiley & Sons

The Group Therapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. A critical tool for mental health professionals developing formal treatment plans for working with a variety of groups New edition features expanded coverage and outlines entirely new areas including utilizing group therapy to treat panic/agoraphobia, PTSD/trauma, adult ADHD, obsessive-compulsive disorder,

and borderline personality disorder Streamlined interventions and fully updated language make this edition easier to use and more clinically applicable Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans Organized around 33 main presenting problems with a focus on applying a group therapy approach to a wide variety of disorders Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

*The Addiction Treatment Planner* John Wiley & Sons

This timesaving resource features: Treatment plan components for 25 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most insurance companies and third-party payors The Co-Occurring Disorders Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. A critical tool for mental health professionals treating patients coping simultaneously with mental illness and serious substance abuse Saves you hours of



time-consuming paperwork, yet offers the freedom to develop customized treatment plans Organized around 25 main presenting problems with a focus on treating adults and adolescents with alcohol, drug, or nicotine addictions, and co-occurring disorders including depression, PTSD, eating disorders, and ADHD Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

**The Complete Adult Psychotherapy Treatment Planner** John Wiley & Sons  
The Family Therapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 40 main presenting problems including child/parent conflicts, depression, abuse, death and loss issues, blended family problems, and loss of family cohesion Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Family Therapy Progress Notes Planner, Second Edition and the Brief Family Therapy Homework

Planner, Second Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

**The Intellectual and Developmental Disability Treatment Planner, with DSM 5 Updates** John Wiley & Sons  
The Veterans and Active Duty Military Psychotherapy Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. Features empirically supported, evidence-based treatment interventions Organized around 39 main presenting problems in treating veterans and active duty military personnel, including substance abuse, adjustment to killing, anger management and domestic violence, pre-deployment stress, survivors' guilt, and combat and operational stress reaction Over 1,000 prewritten treatment goals, objectives, and interventions plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Veterans and Active Duty Military Psychotherapy Progress Notes Planner Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA  
**Adolescent Psychotherapy Homework Planner** John Wiley & Sons  
The Bestselling treatment planning system For mental health professionals The School Counseling and School Social Work Treatment Planner, Second Edition

provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including coverage of disruptive classroom behaviors, reinforcing student success, bullying, peer conflict, and school violence Organized around 33 behaviorally based presenting problems in treating students who experience social and emotional difficulties, including social maladjustment, learning difficulties, depression, substance abuse, family instability, and others Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners® series: Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners® products, including our full line of Treatment Planners, visit us on the web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)  
*The Early Childhood Education Intervention Treatment Planner* John Wiley & Sons  
*The Complete Adult Psychotherapy*

Treatment Planner, Fourth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features: Empirically supported, evidence-based treatment interventions Organized around 43 main presenting problems, including anger management, chemical dependence, depression, financial stress, low self-esteem, and Obsessive-Compulsive Disorder Over 1,000 prewritten treatment goals, objectives, and interventions - plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with the *The Adult Psychotherapy Progress Notes Planner, Third Edition* and the *Adult Psychotherapy Homework Planner, Second Edition* Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including CARF, JCAHO, and NCQA).  
The Child Psychotherapy Treatment Planner John Wiley & Sons Incorporated This timesaving resource features: Treatment plan components for 35 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING



SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Couples Psychotherapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions New chapters on Internet sexual use, retirement, and parenthood strain Organized around 35 behaviorally based presenting problems including jealousy, midlife crisis, parenting conflicts, and sexual dysfunction Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by

behavioral problem Designed to correspond with The Couples Psychotherapy Progress Notes Planner, Second Edition and Couples Therapy Homework Planner, Second Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners® series: Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)